

Cristina Mesquita

Human Movement System Re(habilitation)

Graduated in Physiotherapy by the School of Health (ESS-P. Porto) in 1987, Cristina Carvalho Mesquita obtained her M.Sc. in Physical Activity in the Elderly in 2002 and her Ph.D. in Physical Activity and Health in Occupational Health in 2012 by the University of Porto (UP). Currently, she's a Full Professor and Coordinator of ERASMUS mobility program in the Physiotherapy Department of ESS-P. Porto, and Collaborator Researcher in the Human Movement System (Re)habilitation Area of the Center for Rehabilitation Research (CIR). Her main areas of interest are health community promotion and human movement especially in the domain of occupational health and chronic disease. She's the author of several papers in national and international journals, book chapters and conferences.



ORCID: [0000-0003-0830-9064](https://orcid.org/0000-0003-0830-9064)

E-mail: ccm@ess.ipp.pt