

Maria Amélia Alves do Paço

Human Movement System (Re)habilitation

Maria Paço holds a PhD. in Physiotherapy (2017) from the Faculty of Sports, University of Porto, and an MSc. in Musculoskeletal Physiotherapy (2011). She is currently an Adjunct Professor at the Polytechnic Institute of Health of the North – School of Health of Vale do Ave (ESSVA), where she has been teaching since 2009.



Her main research interests include physiotherapy applied to temporomandibular disorders, craniocervical dysfunction, orofacial pain, postural alignment, rehabilitation strategies based on manual therapy and therapeutic exercise, as well as aging and functional health. She is involved in several national research projects and collaborates with the Center for Rehabilitation Research (CIR) in the Human Movement System (Re)habilitation Area.

She is the author and co-author of more than 30 publications in international peer-reviewed journals, in addition to book chapters and presentations at national and international scientific meetings in the field of rehabilitation sciences.

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