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Human Movement System (Re)habilitation



PhD in Physiotherapy at the Faculty of Sport of the University of Porto, 2025. M.Sc. in Neurological Rehabilitation – Specialty for Physiotherapists, at the Higher School of Health of Alcoitão/Portuguese Catholic University, 2011. Graduated in Physiotherapy by the Polytechnic Institute of Health of the North – Escola Superior de Saúde Vale do Sousa, 2007 and Specialist in the scientific area of Therapy and Rehabilitation – Physiotherapy, Neurology under Decree-Law No. 206/2009, of 31 August.

Currently she's a Full Professor at ESSVA (CESPU) in the Neurology field and is also a Collaborator Researcher of H2M—Health and Human Movement Unit. IN addition, possesses advanced training in adult neurological rehabilitation and private clinical practice, exclusively in the neurological field. Her main research areas include human movement, biomechanics, postural control, addressed especially in the domain of rehabilitation sciences.

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