

Sara Sousa

Área: Psychosocial Rehabilitation



Graduated in Occupational Therapy by School of Health (ESS-P.Porto) in 2001, Sara Sousa obtained her M.Sc. in Psychiatry and Mental Health by the Faculty of Medicine (FMUP) in 2006 and his Ph.D. in Psychology by Faculty of Psychology and Education Sciences (FPCEUP) in 2012.

Currently, she's Full Professor at ESS-P. Porto and Integrated Researcher in the Psychosocial Rehabilitation Area of the Center for Rehabilitation Research (CIR). She is also Director of Sociodrama by the Portuguese Society of Psychodrama and Member of the writing board of Journal of Psychodrama. Her main interests are stigma of mental illness and mental health literacy and promotion.

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