

## António Mesquita Montes

*Human Movement System (Re)habilitation*



António Mesquita Montes holds a degree in Physiotherapy from the Escola Superior de Saúde do Instituto Politécnico do Porto (E2S|P.PORTO), Portugal (2009), and a Master's degree in Physiotherapy with a specialization in Cardiorespiratory from the same institution (2012). In 2017, he completed a PhD in Physiotherapy in the field of Movement and Postural Control in the Context of Cardiorespiratory Dysfunctions at the Faculdade de Desporto da Universidade do Porto (FADEUP), Portugal.

He is currently an Adjunct Professor in the Physiotherapy scientific area at E2S|P.PORTO and an Integrated Researcher at the Center for Rehabilitation Research of the Instituto Politécnico do Porto. His main academic activities include teaching in the undergraduate and master's programmes in Physiotherapy, in the Cardiorespiratory and Neuromusculoskeletal fields (E2S|P.PORTO), as well as in the PhD programme in Physiotherapy (FADEUP). He is also involved in the (co-)supervision of research projects, master's dissertations, and doctoral theses.

His research focuses on the Medical and Health Sciences, particularly within the musculoskeletal and cardiorespiratory domains. He is the author of more than 25 scientific papers and a contributor to several book chapters. Additionally, he serves as a peer reviewer for international scientific journals indexed in the Web of Science Core Collection (Clarivate Analytics).

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