Maria João de Freitas Figueiredo de Almeida

Área: Psychosocial Rehabilitation

Graduated in Law from Universidade Portucalense and in Psychology from the University Institute of Health Sciences (CESPU), where she also completed a Master's degree in Health Psychology and Neuropsychology. Additionally, she holds a

Postgraduate Diploma in Cognitive-Behavioral Therapy and

Advanced Specializations in Psychology and Forensic Psychiatry. She is currently a research fellow at the Laboratory of Psychosocial Rehabilitation, School of Health, Polytechnic Institute of Porto, collaborating on projects focused on behavioral addictions, problematic internet use, and mental health. Her research interests include neuropsychology, forensic psychology, and human behavior, and she is the author and coauthor of national and international scientific publications.

ORCID: 0000-0002-4655-926X

E-mail: mjfa@ess.ipp.pt