

Maria Pereira Gomes

Human Movement System (Re)habilitation



Maria Pereira Gomes is a physiotherapist and early-career researcher in Health Sciences. She holds a Bachelor's degree in Physiotherapy from the University of Aveiro (2020) and a postgraduate specialization in Respiratory Physiotherapy (2023). She is currently pursuing a Master's degree in Physiotherapy, specializing in Movement Assessment and Clinical Application, at the Coimbra Health School (Polytechnic of Coimbra).

She is a Research Fellow at the Centre for Rehabilitation Research (CIR), School of Health of the Polytechnic of Porto (E2S | P.PORTO), working within the BioNortHealth project (PRR – NORTE+SAÚDE initiative). Her work focuses on supporting the development of a longitudinal digital cohort of adolescents and young adults, including participant recruitment, data collection, and implementation of research protocols in digital health and epidemiological monitoring.

Her research interests include pulmonary rehabilitation, physical activity promotion, and digital health technologies applied to health monitoring and exercise-based interventions.

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