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Human Movement System (Re)habilitation

Graduated in Physiotherapy in 2025 by the School of Health (E2S–IPP), where she is pursuing a MSc in Physiotherapy, with a specialization in Neurology.

She is a Research Fellow at Center for Rehabilitation Research (CIR), in the Human Movement (Re)habilitation Area. In addition to her strong interest in neurological rehabilitation and her certification as a Clinical Pilates Instructor, her main areas of focus include public health and women's health – a field in which she developed her undergraduate scientific project.



Additionally, Rita C. M. C. da Silva is an Assistant Professor in the Department of Physiotherapy at E2S–IPP.

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