Miguel Araújo Pereira

Psychosocial Rehabilitation



He is an Occupational Therapist, holding a Bachelor's and Master's degree in Occupational Therapy, with a specialisation in Rehabilitation and Mental Health. He is currently a PhD candidate in Rehabilitation Sciences at the School of Health of the Technical University of Porto.

He began his professional career at a day care centre specialising in interventions for people living with dementia and subsequently worked in private practice, providing home-based occupational therapy services to people living with dementia and older adults. Served as a Guest Assistant Professor at the School of Health of the Technical University of Porto. Remains actively involved in the Master's research project exploring virtual reality as a therapeutic intervention for people with dementia, which has resulted in published scientific articles, and is part of the supervision team for undergraduate and master's students in Occupational Therapy.

He is currently a Research Fellow at the Center for Rehabilitation Research (CIR) – Psychosocial Rehabilitation Laboratory (LabRP), in the PREFRAG-Rural project – New Care Model for the Prevention of Frailty in Depopulated Rural Areas through Spanish-Portuguese Cross-Border Cooperation, part of the Interreg VI-A Spain–Portugal (POCTEP) 2021–2027 programme, co-funded by the European Regional Development Fund (FEDER).

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