

## Sara Sousa

*Psychosocial Rehabilitation*

Graduated in Occupational Therapy by School of Health (ESS-P.Porto) in 2001, Sara Sousa obtained her M.Sc. in Psychiatry and Mental Health by the Faculty of Medicine (FMUP) in 2006 and his Ph.D. in Psychology by Faculty of Psychology and Education Sciences (FPCEUP) in 2012.



Currently, she's Assistant Professor at ESS-P. Porto, Occupational Therapist and Collaborator Researcher in the Psychosocial Rehabilitation Area of the Center for Rehabilitation Research (CIR). She is also Coordinator of the Office of Occupational Therapy at the Clinic of Psychiatry and Mental Health of the São João Hospital Center (EPE), Director of Sociodrama by the Portuguese Society of Psychodrama and Member of the writing board of Journal of Psychodrama.

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