

Carlos Crasto

Human Movement System Re(habilitation)

With an M.Sc. in Physiotherapy in Orthopedic Manual Therapy field by School of Health (ESS-P.Porto), Carlos Filipe Crasto is currently finishing his Ph.D. in Education, Sport and Health by University of Vigo. He's an Assistant Professor in Physiotherapy technical-scientific area at ESS-P. Porto, lecturing neuro-musculoskeletal conditions and research methodologies and collaborating with the Center for Rehabilitation Research (CIR) in the Human Movement System (Re)habilitation Area. His main research areas include manual therapy and neurodynamic, therapeutic exercise and motor control, myofascial therapy and active aging.



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