

Yoana Gonzalez González

Human Movement (Re)habilitation

Yoana González (Ourense, 1988), graduated in Physiotherapy from the University of Vigo (Pontevedra, 2010) and obtained a Master's degree in Neurological Physiotherapy from the European University of Madrid (2011). She has defended the doctoral thesis: "Prospective study of psychopedagogical variables and their influence on academic quality indicators in physiotherapy students". Her current work experience is more than 10 years as a physiotherapist in neurology, and in musculoskeletal disorders applying therapeutic exercise through pilates, hipopresivos and yoga, duly specialized attending multiple training courses. She is also teaching and research staff at the University of Vigo since 2010, training through numerous courses with accreditation of regulated pedagogical training. She is also coordinator of the physiotherapy units, through which they provide support in numerous events in which their voluntary work is requested. Her scientific production includes the publication of scientific articles, she is co-author of several book chapters, in addition to participating in the presentation of oral and written communications in more than 10 congresses, some of them receiving the invitation of the organizing scientific committee.



He is a member of the Clinical Research Group (FS1), Instituto de Investigación Sanitaria Galicia Sur (IIS Galicia Sur), SERGAS-UVIGO. SERGAS-UVIGO. Her main lines of research are related to the study of the application of physiotherapy techniques for the improvement of motor control and learning in patients with neuromusculoskeletal disorders.

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